

Didcot Health and Wellbeing Day

Saturday 18th November, 10am-2pm
Didcot Civic Hall



Event opened by the Mayor of Didcot

- *Demonstrations*
- *Discussion area*
- *Helpful information*
- *Linking communities*
- *Refreshments*
- *Community and sports groups*
- *Blood pressure monitoring*
- *Self help*
- *SOFEA. Age UK*
- *and much more...*

Come along and find out what Didcot has to offer!

Live Well, Love Life

**Please note that this event is run by the Patient Participation Group Chairs of Oak Tree Health Centre, Didcot Health Centre, and Woodlands Medical Centre. This is not a GP advice clinic.*

Andrea Warren – Oak Tree Health Centre: oaktreeppg@gmail.com
Shelagh Garvey – Didcot Health Centre: Bigsishebags@gmail.com
Flavia Leslie – Woodlands Medical Centre: woodlands.medical@nhs.net